

LISTE VOCABULAIRE

CHAPITRE 8

NUTRITION AND OBESITY

Food and nutrients

OILS	CORPS GRAS
MILK AND DAIRY PRODUCTS	LAIT ET PRODUITS LAITIERS
VEGETABLES	LEGUMES
SUGARY FOODS	PRODUITS SUCRES
MEAT, FISH AND EGGS	VIANDE, POISSON ET ŒUFS
FRUIT	FRUIT
STARCHY FOOD	FECULENTS
PROTEINS	PROTEINES
CARBO-HYDRATES	GLUCIDES
LIPIDS	LIPIDES

Vitamins and minerals

CALCIUM	CALCIUM
COPPER	CUIVRE
FLUORIDE	FLUOR
IODINE	IODE
IRON	FER
MAGNESIUM	MAGNESIUM
MANGANESE	MANGANESE
PHOSPHORUS	PHOSPHORE
POTASSIUM	POTASSIUM
SELENIUM	SELENIUM
SODIUM	SODIUM
SULPHUR	SOUFRE
ZINC	ZINC

Eating/food habits and diets

EAT HEALTHY FOOD	MANGER SAINEMENT
EAT UNHEALTHY FOOD	AVOIR UNE MAUVAISE ALIMENTATION
EAT A VARIED DIET	MANGER VARIE
HAVE A BALANCED/UNBALANCED DIET	MANGER EQUILIBRE/NE PAS MANGER EQUILIBRE
EAT JUNKFOOD	SE NOURRIR MAL
JUNKFOOD	MALBOUFFE
EAT TOO SALTY FOOD	MANGER TROP SALE
EAT TOO MUCH	MANGER TROP
EAT TOO MUCH FAT	MANGER TROP GRAS
EAT AT REGULAR TIMES	MANGER A HEURES FIXES
NIBBLE, NIBBLING	GRIGNOTER, GRIGNOTAGE
SKIP A MEAL	SAUTER UN REPAS
BE ON A DIET	ETRE AU REGIME
GO ON A DIET	FAIRE UN REGIME
LOSE WEIGHT, SLIM DOWN	PERDRE DU POIDS, MAIGRIR
PUT ON WEIGHT	PRENDRE DU POIDS, GROSSIR
TYPES OF DIETS	TYPES DE REGIMES
DIET - FAT-FREE/LOW-FAT - HIGH FIBRE - LOW-CALORIE - HIGH-CALORIE - LOW-PROTEIN - HIGH-PROTEIN - SALT-FREE	REGIME - SANS GRAISSE/PAUVRE EN GRAISSE - RICHE EN FIBRES - HYPOCALORIQUE - HYPERCALORIE - HYPOPROTIDIQUE - HYPERPROTIDIQUE - SANS SEL

Pathologies and disorders linked to food

DIABETES	DIABETE
DIABETIC COMA	COMA DIABETIQUE
INSULIN	INSULINE
INSULIN-DEPENDENT DIABETES MELLITUS (IDDM)	DIABETE INSULINO-DEPENDANT (DID)
NON INSULIN DEPENDENT DIABETES MELLITUS (NIDDM)	DIABETE NON INSULINO-DEPENDANT (DNID)
CHOLESTEROL	CHOLESTEROL
BAD CHOLESTEROL	MAUVAIS CHOLESTEROL
GOOD CHOLESTEROL	BON CHOLESTEROL
TRIGLYCERIDE	TRIGLYCERIDE
CHOLESTEROL RATE	TAUX DE CHOLESTEROL
OBESITY	OBESITE
SKINNY	SQUELETTIQUE
THIN	MAIGRE
SLIM	MINCE
PLUMP	BIEN EN CHAIR
OVERWEIGHT	EN SURPOIDS
OBESE	OBESE
ANDROID OBESITY (APPLE OBESITY)	OBESITE ABDOMINALE
MORBID OBESITY	OBESITE MORBIDE
APPETITE	APPETIT
BMI (BODY MASS INDEX)	IMC (INDICE DE MASSE CORPORELLE)
EXCESSIVE CALORIC INTAKE	APPORT EXCESSIF DE CALORIES
SWEETENED DRINKS	BOISSONS SUCREES
SEDENTARY LIFESTYLE	MODE DE VIE SEDENTAIRE
LACK OF PHYSICAL ACTIVITY	MANQUE D'ACTIVITE PHYSIQUE
ENDOCRINE DISRUPTORS	PERTURBATEURS ENDOCRINIENS
GENETIC RISK FACTORS	FACTEURS GENETIQUES
CONSEQUENCES	CONSEQUENCES
CANCERS - BREAST, OVARIAN - ESOPHAGEAL, COLORECTAL - LIVER, PANCREATIC - GALLBLADDER, STOMACH - PROSTATE, KIDNEY - NON-HODGKIN'S LYMPHOMA - MULTIPLE MYELOMA	CANCERS - DU SEIN, DES OVAIRES - DE L'ŒSOPHAGE, DU COLON - DU FOIE, DU PANCREAS - DE LA VESICULE, DE L'ESTOMAC - DE LA PROSTATE, DES REINS - LYMPHONE NON-HODGKINIEN - MYELOME MULTIPLE

CARDIOVASCULAR DISEASES (CVD)	MALADIES CARDIO-VASCULAIRES
CELLULITIS	CELLULITE
DEPRESSION	DEPRESSION
INFERTILITY	STERILITE
OBSTRUCTIVE SLEEP APNEA	APNEE OBSTRUCTIVE DU SOMMEIL
OSTEOARTHRITIS	ARTHROSE
STRETCH MARKS	VERGETURES
TREATMENTS	TRAITEMENTS
SLIMMING DIET	REGIME AMAIGRISSANT
BARIATRIC SURGERY - STOMACH BYPASS - STOMACH STAPLING - LAP BAND/STOMACH BAND/GASTRIC BAND	CHIRURGIE BARIATRIQUE - BYPASS GASTRIQUE - GASTROPLASTIE DE MASON - ANNEAU GASTRIQUE